

# BREAKFAST

Available Tuesday to Sunday: 9 am - 12pm

## UOVA.

<b>Benedict</b> Toasted ciabatta topped with ham, poached eggs and hollandaise sauce	4.75
<b>Royale</b> Toasted ciabatta topped with smoked salmon, poached eggs and hollandaise sauce	5.45
<b>Spinaci</b> Toasted ciabatta topped with spinach, poached eggs, hollandaise sauce and parmesan	4.75
<b>Uova Strapazzate</b> Toasted sourdough bread topped with scrambled eggs	4.15
<b>Piccolo</b> Toasted sourdough bread with your choice of eggs served with mushrooms, bacon or salmon	5.50
<b>Avocado Fracassato</b> Toasted sourdough bread topped with smashed avocado, chilli flakes and poached egg	4.75
<b>Sanguinaccio</b> Bury black pudding topped with a poached egg, parma ham crisp and bearnaise sauce	4.75
<b>Diavolo</b> Toasted ciabatta topped with poached egg, beans, tomato, spicy sausage and parmesan	4.85

## EST CLASSICS.

<b>Est Classic</b> Bacon, sausage, egg and mushrooms on toasted sourdough bread	3.95
<b>Italian Job</b> Choice of eggs, 2 rashers of bacon, sausage, baked beans, grilled tomato, black pudding, mushrooms, hash brown and toast	5.95
<b>Panino al Bacon</b> Bacon on a toasted ciabatta	3.25
<b>Vegetariana</b> Choice of eggs, smashed avocado, beans, courgette fritters, mushrooms tomatoes and toast	5.25
<b>Vegan</b> Beans, smashed avocado, courgette, mushrooms, tomatoes and toast	4.95
<b>OMELETTES.</b> 3 egg omelettes	
<b>Ham, Cheese and Tomato</b>	5.25
<b>Spinach and Smoked Salmon</b>	5.55
<b>Plain</b>	4.00
<b>Est Super Breakfast Club</b> Bacon, sausage, mushrooms, melted mozzarella cheese on a toasted ciabatta	3.95
<b>II Pancake</b> Pancake with bacon and honey	4.25
<b>III Pancake Dolci</b> Pancake with strawberries, blueberries, raspberries, yoghurt, caramel sauce	4.50
<b>Toast and Jam</b> Choice of strawberry/marmalade/blackcurrant	1.00
<b>Porridge</b> Porridge oats with seasonal fresh fruits and honey	2.95
<b>Yoghurt, Granola and Fresh Fruit</b>	3.95

## CONTORNI.

<b>Skinny Fries</b>	2.95
<b>Portion of Beans</b>	0.75
<b>Rasher of Bacon</b>	1.00
<b>One Sausage</b>	1.00
<b>Slice of Black Pudding</b>	0.75
<b>One Hash Brown</b>	0.75
<b>Portion of Mushrooms</b>	0.75
<b>Slice of Toast</b>	1.00
<b>Poached/Fried Egg</b>	1.00

## JUICES.

<b>Fresh Orange</b>	2.00
<b>Fresh Apple</b>	2.00

## SMOOTHIES.

<b>Fresh Berry</b> Blackberry, strawberry, raspberry and blackcurrant	2.95
<b>Fresh Greens</b> Apple kiwi pear mint and apple juice	2.95

## COFFEE.

<b>Cappucino</b>	2.20
<b>Filter</b>	2.20
<b>Caffe Latte</b> Add vanilla or caramel	2.20
<b>Americano</b>	2.20
<b>Flat White</b>	2.20
<b>Espresso</b>	2.20
<b>Hot Chocolate</b> with toasted marshmallows	2.20

## TEA.

<b>English Breakfast</b>	1.80
<b>Earl Grey</b>	1.80
<b>Mint</b>	1.80
<b>Honey</b>	1.80
<b>Camomile</b>	1.80



If you are concerned about allergens please ask your server  
A 10% Discretionary service charge will be added to your bill which is shared amongst the staff