

# EST BRUNCH CLUB.

Available Tuesday to Friday 12pm to 4.00 pm

## BRUNCH.

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| <b>Zuppa Della Casa</b><br><i>Tomato soup with rocket parmesan shavings and a touch of basil oil served with olive bread</i>         | 3.95 |
| <b>Bruschetta Salmone</b><br><i>Toasted Italian Bread topped with smoked salmon, crème fraiche and dill</i>                          | 3.95 |
| <b>Uova Benedict</b><br><i>Toasted Italian bread topped with parma ham poached egg and hollandaise sauce</i>                         | 4.95 |
| <b>Halloumi</b><br><i>Grilled halloumi cheese served with mixed leaf salad, walnuts and honey</i>                                    | 4.25 |
| <b>Cozze</b><br><i>Mussels with tomato, white wine, onion, garlic, parsley, oregano, cherry tomatoes and toasted ciabatta</i>        | 4.95 |
| <b>Bruschetta Funghi e Spinaci</b><br><i>Mushrooms and spinach on toasted Italian bread</i>  | 3.45 |
| <b>Tempura Prawns</b><br><i>King prawns in a tempura batter on rocket with a touch of paprika and served with a sweet chilli dip</i> | 5.95 |
| <b>Asparagi</b><br><i>Cooked asparagus topped with a poached egg hollandaise sauce and a parma ham crisp</i>                         | 5.25 |

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| <b>Est Super Brunch Club</b><br><i>Bacon, sausage, mushrooms and melted mozzarella cheese on a toasted ciabatta</i>  | 3.95 |
| <b>Bistecca di Gammon</b><br><i>Gammon fillet served with grilled pineapple and fries</i>  | 6.25 |
| <b>Insalate Salmone</b><br><i>Grilled salmon, sesame seeds, red peppers, red onion, rocket, baby spinach, sliced radish and a citrus vinaigrette sauce</i>                                       | 6.75 |
| <b>Ham and Cheese Omelette</b>   | 5.25 |
| <b>Spinach and Smoked Salmon Omelette</b>  | 5.55 |
| <b>Insalate Pollo</b><br><i>Grilled chicken breast, pancetta, avocado, pine nuts, mixed salad and a special house dressing</i>   | 6.25 |
| <b>Penne Pollo Primavera</b><br><i>Penne pasta with chargrilled chicken, broccoli, carrots, asparagus, sugar snap peas, mozzarella, toasted pine nuts, a hint of cream and parmesan shavings</i> | 5.85 |
| <b>Branzino</b><br><i>Sea bass fillet with wilted greens and a lemon butter sauce with capers</i>  | 6.25 |
| <b>Pollo al Pepe</b><br><i>Chicken breast, peppercorn sauce and skinny fries</i>   | 7.25 |
| <b>Calzone Carne</b><br><i>Folded pizza with garlic chicken, ham, pepperoni, Bolognese sauce and buffalo mozzarella</i>  | 7.50 |
| <b>Margherita Pizza</b><br><i>Tomato and mozzarella with a pinch of oregano</i>  | 6.25 |
| <b>Add choice of toppings £1.00 each</b><br><i>Ham, pepperoni, chicken, goats cheese, onions, pineapple, mushrooms, sweetcorn, olives, chilli</i>  |      |
| <b>Polpette</b><br><i>Pepperoni meatballs served with a pomodoro sauce and ciabatta</i>  | 5.95 |

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| <b>Formaggio Platter (2 people to share)</b><br><b>(Add bottle of Rosalbo Rosso or Rosalbo Bianco - 9.25)</b><br><i>Camembert cheese baked with garlic and rosemary, baked goats cheese topped with onion relish and balsamic glaze, mozzarella sticks in breadcrumbs, halloumi cheese grilled with honey.<br/>Served with bread sticks and sliced bread.</i> | 14.25 |
| <b>Antipasto Misto (2 people to share)</b><br><i>Chefs selection of tempura prawns, calamari, duck spring rolls, artichokes wrapped in parma ham, grissini, caprese salad, olives and dips.</i>   | 14.95 |

## HOT SANDWICHES.

All served with salad or skinny fries on a toasted ciabatta

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| <b>Piadina</b><br><i>Ham, mozzarella, tomato and basil</i>                     | 4.75 |
| <b>Valdostana</b><br><i>Chicken fillet ham and melted cheese</i>               | 5.25 |
| <b>Tricolore</b><br><i>Mozzarella tomato basil and avocado</i>                 | 4.25 |
| <b>Garda</b><br><i>Roasted chicken, roasted peppers, wild rocket and pesto</i> | 5.25 |
| <b>Bistecca</b><br><i>Strips of sirloin steak, balsamic onions</i>             | 5.75 |
| <b>Est BLT</b><br><i>Crisp bacon, lettuce and tomato</i>                       | 4.95 |

## CONTORNI.

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| <b>Mixed Seasonal Salad</b>    | 2.95 |
| <b>Skinny Fries</b>            | 2.95 |
| <b>Hand Cut Chips</b>          | 2.95 |
| <b>Garlic Bread</b>            | 4.40 |
| <b>Mozzarella Garlic Bread</b> | 4.95 |
| <b>Olives</b>                  | 2.95 |

## TORTA.

All homemade by our chefs.

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| <b>Victoria Sponge</b>              | 3.45 |
| <b>Orange and Almond Cake (gf)</b>  | 3.45 |
| <b>Pannacotta with Blackberries</b> | 3.95 |
| <b>Carrot and Sultana Cake</b>      | 3.45 |
| <b>Baileys Cheesecake</b>           | 3.95 |
| <b>Truffles</b>                     | 3.25 |
| <b>Fruit Scones</b>                 | 1.95 |
| <b>Coffee and Walnut cake</b>       | 3.45 |
| <b>Tiramisu</b>                     | 3.95 |



*If you are concerned about allergens please ask your server  
A 10% Discretionary service charge will be added to your bill which is shared amongst the staff*