

BREAKFAST

Available Tuesday to Sunday: 9 am - 12pm

UOVA.

Benedict <i>Toasted ciabatta topped with ham, poached egg and hollandaise sauce</i>	4.25
Royale <i>Toasted ciabatta topped with smoked salmon, poached egg and hollandaise sauce</i>	5.25
Spinaci <i>Toasted ciabatta topped with spinach, poached egg, hollandaise sauce and parmesan</i>	4.25
Uova Strapazzate <i>Toasted sourdough bread topped with scrambled eggs</i>	4.15
Piccolo <i>Toasted sourdough bread with your choice of eggs served with mushrooms, bacon or salmon</i>	5.50
Avocado Fracassato <i>Toasted sourdough bread topped with smashed avocado, chilli flakes and poached egg</i>	4.75
Diavolo <i>Toasted ciabatta topped with poached egg, beans, tomato, spicy sausage and parmesan</i>	4.85

EST CLASSICS.

Est Classic <i>Bacon, sausage, egg and mushrooms on toasted sourdough bread</i>	3.95
Italian Job <i>Choice of eggs, 2 rashers of bacon, sausage, baked beans, grilled tomato, black pudding, mushrooms, hash brown and toast</i>	5.75
Panino al Bacon <i>Bacon on a toasted ciabatta</i>	3.25
Vegetariana <i>Choice of eggs, smashed avocado, beans, courgette fritters, mushrooms tomatoes and toast</i>	5.25
Vegan <i>Beans, smashed avocado, courgette, mushrooms, tomatoes and toast</i>	4.95
Puglia (v) <i>Toasted ciabatta, mozzarella cheese, tomato slices and drizzled with handmade pesto</i>	4.25
Est BLT <i>Crispy bacon, lettuce and tomato on toasted sour dough bread</i>	3.95
Funghi e spinaci <i>Mushrooms and spinach on toasted Italian bread</i>	3.45
OMELETTES.	
Ham and Cheese	5.25
Spinach and Smoked salmon	5.55
Mushroom	5.20
Plain	4.00
Est Super Breakfast Club <i>Bacon, sausage, mushrooms, melted mozzarella cheese on a toasted ciabatta</i>	3.95
Il Pancake <i>Pancake with bacon and honey</i>	4.25
Ill Pancake Dolci <i>Pancake with strawberries, blueberries, raspberries, yoghurt, caramel sauce</i>	4.50
Toast and Jam <i>Choice of strawberry/marmalade/blackcurrant</i>	1.00
Porridge <i>Porridge oats with seasonal fresh fruits and honey</i>	2.95
Yoghurt, Granola and Fresh Fruit	3.95

CONTORNI.

Skinny Fries	2.95
Portion of Beans	0.75
Rasher of Bacon	1.00
One Sausage	1.00
Slice of Black Pudding	0.75
One Hash Brown	0.75
Portion of Mushrooms	0.75
Slice of Toast	1.00
Poached/Fried Egg	1.00

JUICES.

Fresh Orange	2.00
Fresh Apple	2.00

SMOOTHIES.

Fresh Berry <i>Blackberry, strawberry, raspberry and blackcurrant</i>	2.95
Fresh Greens <i>Apple kiwi pear mint and apple juice</i>	2.95

COFFEE.

Cappucino	2.20
Filter	2.20
Caffe Latte <i>Add vanilla or caramel</i>	2.20
Americano	2.20
Flat White	2.20
Espresso	2.20
Hot Chocolate <i>with toasted marshmallows</i>	2.20

TEA.

English Breakfast	1.80
Earl Grey	1.80
Mint	1.80
Honey	1.80
Camomile	1.80



*If you are concerned about allergens please ask your server
A 10% Discretionary service charge will be added to your bill which is shared amongst the staff*