

STUZZICHINI

Marinated Olives (v) (gf) Finest mixed olives dressed with extra virgin olive oil, chilli, garlic, fresh parsley and mint	£3.95	Bruschetta Romana Toasted Italian bread topped with vine cherry tomatoes fresh basil and buffalo mozzarella	£5.75	Bruschetta Caprina Toasted Italian bread topped with baked goats cheese and spiced relish	£6.25
Homemade Italian Bread Selection (v) White ciabatta bread, green and black olive bread, red peppers and tomato focaccia with balsamic and olive oil	£4.75	Trio Bruschetta Three bruschetta topped with vine cherry tomatoes and buffalo mozzarella, baked goats cheese and spiced onion relish, and pulled beef and mozzarella	£7.25	Pane Con Aglio - Hand stretched fresh pizza base	
				Garlic	£5.50
				Tomato and Basil	£5.95
				Mozzarella	£6.25

ANTIPASTI

Zuppa Della Casa (v) Roasted butternut squash soup with homemade bread	£5.50	Spiedini Pollo Marinated chicken and chorizo skewers in garlic and lemon served with a spiced chilli dip	£6.95	Arancini Cheese rice balls with a romesco sauce	£6.50	Calamari Fritti Crisp fried squid with lemon roasted garlic mayonnaise	£7.95
Tempura Prawns King prawns in a tempura batter served on rocket with a sweet chilli dip	£8.25	Cozze Mussels in a garlic white wine cream sauce with a sprig of parsley served with toasted ciabatta.	£7.95	Funghi All’aglio Button mushrooms in garlic with chopped thyme, parsley in a cream sauce on a toasted bruschetta	£6.50	Tuscan Garlic Prawns King prawns in a garlic cream sauce with spinach and sun dried tomatoes and served with crispy ciabatta roll.	£8.25
Est Duck Spring Rolls Spring vegetables and confit duck rolls on seasonal dressed leaves with hoi son sauce	£7.95	Belly Pork Slow roasted belly pork with black pudding pieces apple purée and a cider reduction.	£7.25	Insalate Caprina Goats cheese in breadcrumbs , mixed salad, red onion, cherry tomatoes, roasted red peppers, in an extra virgin olive oil dressing with a balsamic glaze	£7.50	Antipasto Misto (2 people to share) Chefs selection of tempura prawns, calamari, duck spring rolls, artichokes wrapped in parma ham, grissini, caprese salad, olives and dips	£16.95
Caprese Salad Beef tomatoes, buffalo mozzarella, rocket, basil leaves and dressed with a basil oil	£6.50						

PIZZA

Margherita (v) Tomato and mozzarella with a pinch of oregano	£9.25
Calzone Carne Folded pizza with garlic chicken, ham, pepperoni, Bolognese sauce and buffalo mozzarella	£13.25
Pepperoni Pizza Tomato and mozzarella base with pepperoni	£10.95
Pizza Quattro Stagioni Tomato and mozzarella base with Parma ham, pepperoni, artichokes, mushrooms topped with egg and oregano	£11.95
Pizza Mexicana Tomato and mozzarella base with spicy pulled beef, chilli, roasted red peppers and pepperoni	£11.95
Pizza Pollo e Jalapeno Tomato and mozzarella base with grilled chicken and jalapenos	£11.95
Pizza Hawaii Tomato and mozzarella base with ham and pineapple	£11.25
Pizza Parma Tomato and mozzarella base with parma ham, rocket, olive oil and red chillies	£12.25
Pizza Est (v) Tomato base with grilled aubergines, buffalo mozzarella, basil oil and pine nuts	£11.25
Pizza Caprina Goats cheese, spiced onion jam, tomato ragu, mozzarella, rocket, shaved parmesan & balsamic glaze	£11.95
Extra Toppings Ham, pepperoni, chicken, goats cheese, onions, pineapple, mushrooms, sweetcorn, olives, chilli, jalapenos	£1.50

PASTA

Spaghetti Carbonara Spaghetti with pancetta cubes in a parmesan egg yolk cream sauce	£11.50
Linguini Gamberoni Piccante Linguini pasta with garlic king prawns, courgette ribbons, chilli, cherry tomatoes in a white wine butter sauce	£14.75
Spaghetti Bolognese Spaghetti with slow cooked beef and tomato ragu with basil	£11.25
Lasagna Emiliana Layers of pasta, slow cooked beef and tomato ragu, béchamel sauce, baked with mozzarella and parmesan cheese	£11.95
Branzino Puttanesca Pan roasted sea bass fillet on spaghetti tossed with olives , cherry tomatoes, capers in a tomato sauce with a touch of chilli	£14.25
Cannelloni Zucca Rolled pasta filled with roasted butternut squash, spinach, goats cheese baked with parmesan and an aurora sauce	£12.25
Linguini Marinara Linguini pasta in a spicy tomato sauce with cherry tomatoes, squid, mussels and king prawns	£14.75
Penne Pesto Penne pasta in a garlic , parmesan, olive oil with toasted pinenuts and basil leaves Add chicken £2.00	£11.95
Pasta al Forno Baked penne pasta, chicken, mushrooms, broccoli, gorgonzola cream sauce, mozzarella and topped with parmesan	£13.50
Penne Pollo Primavera Penne pasta, chargrilled chicken, broccoli, carrots, asparagus, sugar snap peas, mozzarella, a touch of cream, toasted pine nuts and parmesan shavings	£13.25
Penne Salmone Penne pasta with flakes of salmon, asparagus, peas, cherry tomatoes in a tomato cream sauce topped with smoked salmon.	£13.50
Penne Arrabiata Penne pasta with parmesan , chilli, garlic and a pomodoro sauce Add chicken £2.00	£11.25

SECONDI

Agnello Shank Slow cooked lamb shank served with creamy mash potatoes with a red wine jus	£16.95
Pollo e Asparagi Pan fried chicken breast wrapped with asparagus and parma ham topped with mozzarella and served with a white wine cream sauce and fries	£15.95
Pollo all Pepe Chicken breast with a peppercorn sauce and served with fries	£15.50
Pollo Dolcelatte Chicken breast wrapped in parma ham with dolcelatte and breadcrumbs served with a dolcelatte sauce and hand cut chips	£15.95
Pollo Voldostana Chicken breast in breadcrumbs topped with ham and mozzarella and served with spaghetti pomodoro	£15.95
Pollo Mostarda Chicken breast with mushrooms in a honey and mustard sauce with green beans and crispy potatoes	£15.95
Bistecca Barolo Sirloin steak served in a rich Barolo sauce topped with crispy parma ham and served with a choice of fries or hand cut chips	£23.95
Pollo Luciano Pan fried chicken breast with king prawns in a tomato and cream sauce with crispy potatoes	£16.25
Bistecca Funghi Sirloin steak served with a mushroom cream sauce and a choice of fries or hand cut chips	£23.95
Risotto Funghi (v) Arborio risotto with mushrooms in a shallot white wine cream sauce Add chicken £2.00	£13.25
Risotto Marinara Arborio risotto with mussels squid, king prawns with cherry tomatoes in a spicy tomato sauce	£15.95
Branzino Est Pan fried sea bass fillet with chilli king prawns, spinach and a tomato butter sauce with sliced potatoes	£17.25
Salmone Pan fried salmon on creamed leeks, cherry tomatoes served with sliced potatoes	£16.95

ALLA GRIGLIA

Sirloin Steak Served with portobello mushroom, plum tomatoes and a choice of French fries or hand cut chips	£23.95
Fillet steak Served with portobello mushroom, plum tomatoes and a choice of French fries or hand cut chips	£24.95
With our grilled dishes choose from the following sauces to accompany your meal... Peppercorn • Red Wine • Mushroom • Garlic Butter	

SUNDAY ROASTS

Served with roast potatoes, roast parsnips, carrot and turnip mash, pigs in blankets, green beans, yorkshire pudding stuffing and gravy.
Roast Chicken Breast - £11.95
Roast Beef - £12.95

CONTORNI

Spinach, Cream & Almonds	£3.95
Seasonal Vegetables	£3.95
Green Beans, garlic and tomato sauce	£3.95
Roasted Potatoes	£3.95
Zucchini Fritti	£3.95
Hand Cut Chips	£3.95
French Fries	£3.95
Mash Potato	£3.95
Mixed Seasonal Salad	£3.95



Ristorante and Bar

Banks Road, West Kirby, Wirral CH48 3HU
0151 625 2489
www.est-italian.com
team@est-italian.com

A 10% discretionary service charge will be added to your bill which is shared amongst the staff

Food Allergy Notice: If you have a gluten or nut Allergy we will unfortunately not be able to serve you as there is a risk of cross contamination of ingredients. All our dishes are cooked from scratch in an open kitchen and we cannot guarantee that our food will be free from gluten, nuts or nut derivatives. If you suffer from a food allergy intolerance then you will be served at your own personal choice and risk given the nature of our kitchen and the risk of cross contamination. **If you suffer from any food allergy it is vital that you alert the manager on duty before placing any order.**