

STUZZICHINI.

Marinated Olives <i>Finest mixed olives dressed with extra virgin olive oil, chilli, garlic, fresh parsley and mint</i>	£3.85	Parma ham con Carciofo <i>Artichokes wrapped in parma ham with pesto marinated mozzarella</i>	£3.85	Pane con Tuffi <i>Soft Italian bread with dips, black olive tapenade, red roast peppers, balsamic glaze and extra virgin olive oil with salt & black pepper</i>	£3.35
Parma Ham con Grissini <i>Parma ham wrapped bread sticks with a mix of balsamic glaze and extra virgin olive oil</i>	£3.75	Italian Bread Selection <i>Selection of homemade Italian breads with grissini</i>	£3.35	Pane Con Aglio - Hand stretched fresh pizza base	
				Garlic	£4.35
				Tomato and Basil	£4.80
				Mozzarella	£5.00

ANTIPASTI.

Zuppa Della Casa (v) <i>Butternut squash cream soup with roasted almonds and home made bread</i>	£4.50	Paté Et Alia <i>Smooth chicken liver pate served with toasted home made bread and chilli spiced onion relish</i>	£5.95	Fegatini di Pollo <i>Pan fried chicken livers, shallots with an apple and masala wine sauce served on a oregano crouton</i>	£6.75	Calamari Fritti <i>Crisp fried baby calamari with roast garlic and lemon salsa</i>	£6.75
Est Duck Spring Rolls <i>Spring vegetable and confit duck rolls on seasonal dressed leaves with hoisin sauce</i>	£6.95	Bruschetta Romana (v) <i>Toasted Italian bread topped with vine cherry tomatoes fresh basil and buffalo mozzarella</i>	£4.55	Funghi con Crema <i>Mixed mushrooms, garlic, fried shallots in a cream sauce served with a pizzette</i>	£5.95	Antipasto Misto (2 people to share) <i>Chefs selection of tempura prawns, baby calamari, duck spring roll, chicken liver pâté, mozzarella balls, parma ham, grissini, olives and dips</i>	£14.95
Tempura Prawns <i>Prawns in a tempura batter served on a bed of rocket with a sweet chilli dip</i>	£7.25	Bruschetta Caprino (v) <i>Toasted Italian bread topped with spiced onion relish and baked goats cheese</i>	£4.30	Gamberoni Diavola <i>King prawns pan fried in a chilli butter sauce served on a toasted crouton</i>	£7.65		

PASTA.

Spaghetti Carbonara £6.45 £10.55
Spaghetti with pancetta cubes in a parmesan egg yolk cream sauce

Fettucine Gamberoni Piccante £13.50
Fettucini pasta with garlic king prawns, courgette ribbons, chilli, cherry tomatoes in a white wine butter sauce

Spaghetti Bolognese £6.25 £9.95
Spaghetti with slow cooked beef and tomato ragu with basil

Lasagna Emiliana £5.95 £9.95
Layers of pasta, slow cooked beef and tomato ragu, béchamel sauce, baked with mozzarella and parmesan cheese

Linguine Marinara £13.25
Linguini with king prawns, squid, mussels, clams, garlic flakes, chilli, parsley in a tomato butter sauce

Pasta al Forno £11.85
Baked penne pasta, chicken, mushrooms, broccoli, gorgonzola cream sauce, mozzarella and topped with parmesan

Penne Pollo Primavera £7.25 £11.75
Penne pasta with chargrilled chicken, broccoli, carrots, asparagus, sugar snap peas, mozzarella, cream and toasted pine nuts

Fettucine Salmone £7.25 £12.45
Fettucine pasta with salmon, pesto, spinach, garlic, cherry tomatoes in a light cream sauce

Cannelloni Vegetariani £11.25
Fresh rolled pasta filled with aubergine, courgette, red onion, mixed peppers, asparagus and baked with mozzarella cheese

Risotto Funghi (v) £6.95 £11.25
Arborio risotto with mushrooms in a shallot white wine cream sauce with truffle oil and parmesan shavings

PIZZA.

Margherita (v) £7.95
Tomato and mozzarella with a pinch of oregano

Calzone Carne £11.75
Folded pizza with garlic chicken, ham, pepperoni, Bolognese sauce and buffalo mozzarella

Pepperoni Pizza £9.50
Tomato and mozzarella base with pepperoni

Pizza Quattro Stagioni £10.95
Tomato and mozzarella base with Parma ham, pepperoni, artichokes, mushrooms topped with egg and oregano

Calzone Diavola £11.75
Folded pizza with Bolognese, mozzarella, red chilli, red kidney beans, sweet corn, mushrooms and a Napoli sauce

Pizza Hawaii £10.50
Tomato and mozzarella base with ham and pineapple

Pizza Parma £10.75
Tomato and mozzarella base with parma ham, rocket, olive oil and red chillies

Caprina (v) £10.25
Goats cheese, spiced onion jam, tomato ragu, mozzarella, rocket, shaved parmesan & balsamic glaze

Extra toppings £1.00
Ham, pepperoni, chicken, goats cheese, onions, pineapple, mushrooms, anchovy, sweetcorn, olives, chilli

INSALATE.

Insalata Cesare £11.95
Char grilled chicken and romaine lettuce, pancetta, croutons, anchovies and parmesan dressing

Insalate Salmone £10.25
Pan fried salmon on a mixed leaf salad with cherry tomatoes, melon balls, avocado, celery, radish and drizzled with a light citrus sauce

CARNE.

Vitello Milanese £16.25
Flattened tenderloin of veal pan fried with bread crumbs and spaghetti pomodoro

Agnello Shank £14.95
Slow cooked lamb shank on a bed of mixed vegetables in a tomato sauce

Pollo e Asparagi £13.95
Pan fried chicken breast topped with asparagus, parma ham and mozzarella with a white cream sauce

Pollo Luciano £14.25
Pan fried chicken breast, with king prawns and served with a garlic cherry tomato cream sauce and a touch of parsley

Pollo Ripieni £14.95
Chicken breast filled with mushrooms, bacon, mozzarella and served with a cream sauce

PESCE.

Zuppa di Pesce £16.95
King Prawns, squid, mussels, clams, salmon, langoustine, baby prawns in a white wine Napoli sauce, fresh chilli and topped with pan fried fillet of sea bass

Branzino Luciano 1 fillet £11.95 2 fillets £16.95
Pan fried grilled sea bass fillets with king prawns in a garlic cream tomato sauce and chargrilled vegetables

Merluzzo £16.50
Pan fried cod steak with mixed vegetables and a Dijon mustard sauce with red lump fish caviar

Salmone £14.95
Grilled salmon steak with a poached egg and asparagus with a hollandaise sauce and parmesan crisp

ALLA GRIGLIA.

All our beef is matured for a minimum of 28 days.

8oz Fillet steak £20.50
Served with garlic mushrooms, cherry tomatoes and onion rings

8oz Sirloin steak £17.00
Served with garlic mushrooms, cherry tomatoes and onion rings

Agnello Menta £16.95
Rack of lamb served on a red cabbage relish, glazed carrots and grilled shallots with a gravy sauce

With our grilled dishes choose from the following sauces to accompany your meal...

Peppercorn
Red Wine
Diane
Garlic Butter

CONTORNI.

Spinach, Cream & Almonds £3.50

Seasonal Vegetables £3.50

Roasted Potatoes £3.50

Hand Cut Chips £3.50

French Fries £3.50

Sweet Potato Fries £3.50

Mixed Seasonal Salad £3.50

Rocket and Parmesan Salad £4.25



Ristorante and Bar

Banks Road, West Kirby, Wirral CH48 3HU
0151 625 2489

www.est-italian.com
team@est-italian.com

A 10% discretionary service charge will be added to your bill